



# *hike* **FOR the** **HEAL+H of IT**

**March 20, 2021**

**10 A.M.—12 P.M.**

**Dolan Springs 14<sup>TH</sup> St. Trailhead**  
**(PIERCE FERRY → 15<sup>TH</sup> ST. → LOST MINE RD.)**

**DOLAN SPRINGS, AZ 86441**



Join us Saturday morning for an up-tempo, guided fitness hike along with one of Mohave County Park's scenic trails! Our trails are easy to moderate and range from 2-6 miles and last about 2 hours.

Be sure to dress for the weather, wear sturdy shoes, and bring plenty of water!